

# Flu Management in The Workplace

# Working Through Flu Season - The Impact on Your Workplace

The flu season can detrimentally affect the workplace unless your business finds a way to be prepared and cope with its potential impacts. One effective solution is implementing a flu management plan to address employee workplace health, productivity loss and a downturn in office morale.



#### Flu Can Cause This

#### **Workplace Outbreaks and Productivity Loss**

Sick employees often believe they are doing the right thing by coming to work. Yet, when they do, they rarely can be as productive as normal and only accomplish minimum amounts of work during their scheduled work hours. They also have a high chance of infecting other employees, eventually causing an outbreak and making the potential for productivity loss even higher.

#### A Decrease in Office Morale

When sick employees are at work or when they are absent, your workforce can experience a decrease in office morale. Employees, who are well, must take on more work responsibilities, often leading to strained relationships, stress, and burnout. Your business may struggle with daily workloads, communications may suffer, and employee drive can rapidly deteriorate.

### Flu Calculator to Estimate Economic Impact

A **flu calculator** is beneficial to estimate the economic impact the flu can have on your business. Enter the number of employees and receive an estimated number of flu cases to expect, along with how much that will result in flu-related absenteeism costs.



# Flu Management in the Workplace Workplace Guidance

Employers can step up and find ways to better manage the workplace during flu season, including the following:



#### Hosting a workplace flu clinic

Workplace flu vaccination clinics are a convenient approach to keep your employees healthy and productive by curbing the spread of influenza. Axiom Medical offers onsite flu clinic for employers looking for workplace flu management. Make it convenient for employees to get the flu vaccine by providing a company-sponsored clinic. Also, you can provide employees with a list of places in the community where they can get the flu vaccine on their own.

## Promote enthusiasm about the flu vaccine

Start early promoting the flu vaccine to stay healthy during the season. Conduct workplace vaccine awareness programs where employees can learn about ways to care for themselves and get the flu vaccine.

# Educate staff about the flu vaccine with consideration of cultural diversity

Confidence in the flu vaccine falters within some cultures, and the perceived side effects are often cited as problematic. Educate staff with the information provided by the CDC showing how the flu can affect different racial and ethnic minority groups and why the flu vaccine can help.

## Prevent the spread of flu during an outbreak

Take proactive actions with a layered approach to prevent the spread of the flu during an outbreak. Start by encouraging employees to stay home when sick. Consider offering more flexible work schedules during the season. Finally, improve workplace cleaning and sanitization options to create a healthy environment.

# Mitigate Contagious Illness Outbreak with Contagious Illness Case Management Programs

### What steps will you take if an outbreak strikes your workplace to ensure your workers' safety?

Your action or inaction is being judged with the consequences to follow Contagious Illness Case Management with Axiom Medical is your turn-key medical solution for efficient workforce management. With proprietary, science-based solutions featuring first-of-its-kind ADA-compliant mobile health screening technology and actual medical management, managing contagious illness at work, including but not limited to a cold, flu, strep, or COVID-19 will now be easier than you think.

Call us today!

